

## Visit Information

## Encounter Notes

Progress Notes signed by Sarah Fife, RD at 04/27/12 1059

Author:	Sarah Fife, RD	Service:	(none)	Author Type:	Dietitian
Filed:	04/27/12 1059	Note Time:	04/26/12 1138		

CDRC Feeding and Swallowing Disorders Program: Nutrition Assessment

### **SUBJECTIVE:**

---- is a 18 month old in feeding clinic today for a follow up evaluation of her growth, nutritional intake and tube feeding schedule.---- was seen by Karin Ide, CPNP; Nancy Sinden, SLP and Nutrition. ---- is accompanied by her mother ----, and her father ----.

#### Parental concerns include:

Setting a time frame for weaning ---- off of her G-tube.

Her parents would like to manage her tube feeds so that she doesn't need a night time feed due to concerns about the tubing getting wrapped around ---- during the night.

Has had 2 g-tube balloon failures in 4 weeks.

#### Diet and Feeding History:

80ml Similac Advanced formula (mixed in ratio of 1 can formula to one can water, which equates to 20kcal/oz) bolus feeds every 3 hours (9a, 12, 3p, 6p, 9p), and at 11pm she is started on a 240ml night feed for 8 hours at a rate of 30ml/hour.

Will be fed 4oz baby foods at time of each bolus feeding, and allowed to sit for approximately 20 minutes before allowed to play to prevent vomiting.

#### Tube Feedings:

Formula: Similac Advanced Concentrate at 20 kcal/ml

Mode of Delivery: G-tube

Day feeds: 80 ml every 3 hours with 5 ml water flush

Night feeds: 240 ml for 8 hours, at rate of 30 ml/hr

Home care provider is Providence Home Services

GI: no vomiting, gagging or signs of reflux. No constipation or loose stools.

Other services: Early Intervention- OT, SLP

### **OBJECTIVE:**

#### **Patient Active Problem List**

Diagnoses

Date Noted

- GERD (gastroesophageal reflux disease)
- Other specified acquired deformity of head 12/21/2011
- Torticollis 12/21/2011
- 31-32 completed weeks of gestation 12/16/2011
- Transient abnormal myelopoiesis 12/05/2011
- Down syndrome 12/02/2011
- Gastrostomy status 12/02/2011
- Oral phase dysphagia 12/02/2011
- Cleft lip and cleft palate 12/02/2011

**Wt Readings from Last Encounters:**

04/26/2012 8.03 kg (17 lb 11.3 oz)  
 12/02/2011 6.92 kg (15 lb 4.1 oz)

Average weight gains since 12/2/11 are 7.6 g/day and 8.7 g/day are expected for normally developing 18 month old girls.

Estimated needs: 530 kcal/day, 7 g protein, 800ml fluid.

Current estimated intake:~725 calories, adequate protein and ~700 ml fluid

Meds: omeprazole

Vitamins: Vitamin D

Allergies:None

**IMPRESSIONS:**

1. ---- is an 18 month old female with Downs Syndrome who has consistent growth. She is reliant on gastrostomy feeds due to her continued dysphagia and cleft palate.
2. She receives most of her liquids by g-tube, and recently has been drinking approximately 1 ml of water or juice from a sippy cup or cut out cup.

4. Follow up in 2 months with the full team

I spent 45 minutes in contact with this patient.

Christina M Germann

Dietetic Intern

Sarah Fife, RD, LD

CDRC Feeding Clinic

Electronically signed by Sarah Fife, RD on 4/27/2012 10:59 AM

Let's try switching ---- over to a pediatric formula (meaning kid formula, not infant formula). There are several to choose from, but I will recommend Nutren Jr with Fiber. Please know, that if you are even in a pinch, you can always purchase Pediasure at the store.

With the transition to pediatric formula, the good news is that you can get off the night drip. You will however, need to add more water through the tube.

For a day's batch, mix 400 ml Pediasure (just under 2 cans) with 240 ml water

At each bolus feed, **our goal will be 130 ml of this mixture.**

Start by increasing to 90 ml per feed, then increase by 10 ml every day or two 100 ml, 110 ml, 120 ml and in 7-10 days you should be able to reach 130 ml per feed.

You will need to **follow each with 40 ml of water.** If this is too much volume at one time, you can give the water flushes apart from meal times.

Offer spoon feeds 3-5 times per day with "plopable" foods like those given today. Giving yogurt each day will help ---- meet her calcium needs. She should continue her vitamin D drops.

Ideas for foods include: hummus, toby's tofu pate, blended avocado, yogurt, whipped cream cheese.

We will send a form to WIC to request the new formula.

We would like to see ---- again in 2 months. Feel free to call our scheduler Sandy at 503-494-8086 make the appointment.